



Mr. Joan Garrigòs
FEDME President
Florida Blanca, 84
Barcelona
Spain

November 21, 2018

Prot. 18-11-21

Dear Joan,

in response to your request on October 1, we are pleased to announce the inclusion of this clarification in the ISF Statutes and r skyrunning rules as follows:

STATUTES PREAMBLE

PREAMBLE

The International Skyrunning Federation, hereinafter ISF, was created to promote, govern and administer the sport of skyrunning and similar multisports activities. Skyrunning is defined as running in the mountains above 2,000m altitude where the climbing difficulty does not exceed II° grade and the incline is over 30%. . *Where the altitude does not reach 2.000 m., the courses should have a minimum average of 6% incline over the total distance and reach the highest points in the area.*

RULES

2.3.1 SKYRUNNING DISCIPLINES

Skyrunning disciplines are divided into different categories: SKY, ULTRA and VERTICAL, SKY SPEED, VERTICAL RUNNING, SKYBIKE and SKYRAID defined in detail below. The courses may be over paths, trail, moraine, rock or snow. Asphalt must be less than 15% of the total distance.

Where the altitude does not reach 2.000 m., the courses should have a minimum average of 6% incline over the total distance (12% uphill) and reach the highest points in the area.

This decision was taken by the Management Committee, on the recommendation of the GA and I hope it is in line with your request.

The next step will be the classification by degrees of individual persorsi for which we also have a meeting with UIAA next Friday

Yours sincerely

Marino Giacometti

ISF President

A large, stylized handwritten signature in blue ink, appearing to read 'Marino Giacometti', is written over the printed name and title.

A handwritten signature in blue ink is written over a black rectangular stamp that contains the word 'SKYRUNNER' and the date '21/11/18'.